

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Johannsen, Leif	97	Schleswig-Holstein Netz Triat	0:08:09 h	2	0:36:50 h	1	0:44:59 h	1	0:19:23 h	9	1:04:22 h	MAK 20	783
2	Schnödewind, Lukas	96	Rendsburger BC	0:07:35 h	1	---	---	---	---	---	---	1:05:30 h	MAK 20	777
3	Siegmund, Alexander	90	TTS Tri Team Hamburg	0:08:51 h	7	0:39:16 h	2	0:48:07 h	3	0:17:51 h	2	1:05:58 h	MAK 25	823
4	Wichmann, Frank	75	SG Athletico Büdelsdorf	0:08:29 h	6	0:39:34 h	3	0:48:03 h	2	0:18:27 h	3	1:06:30 h	MAK 40	780
5	Schuldt, Niels	78	strongerlab.com	0:08:15 h	3	0:40:16 h	6	0:48:31 h	4	0:19:40 h	12	1:08:11 h	MAK 40	741
6	Rath, Domenik	86	Schleswig-Holstein Netz Triat	0:10:17 h	24	0:39:42 h	4	0:49:59 h	7	0:19:14 h	6	1:09:13 h	MAK 30	805
7	Hünnefeld, Heiko	72	Triabolos Hamburg	0:08:26 h	5	0:41:21 h	7	0:49:47 h	6	0:19:42 h	13	1:09:29 h	MAK 45	800
8	Schluricke, Sebastian	80	TriAs Flensburg	0:09:23 h	15	0:40:12 h	5	0:49:35 h	5	0:20:19 h	20	1:09:54 h	MAK 35	825
9	Lankau, Tim	78	Athletico Büdelsdorf	0:09:15 h	11	0:42:50 h	9	0:52:05 h	9	0:19:51 h	16	1:11:56 h	MAK 40	803
10	Götsch, Thomas	79	LTV Kiel-Ost	0:10:59 h	35	0:41:50 h	8	0:52:49 h	10	0:19:23 h	9	1:12:12 h	MAK 40	729
11	Benecke, Torben	75	Trias Flensburg	---	---	---	---	0:50:17 h	8	0:22:08 h	31	1:12:25 h	MAK 40	782
12	Gerster, Tim	91	TSV Jahn Freising 1861	0:08:19 h	4	0:44:51 h	21	0:53:10 h	14	0:19:49 h	15	1:12:59 h	MAK 25	802
13	Meinke, Lennart	00		0:09:22 h	14	0:43:49 h	14	0:53:11 h	15	0:20:05 h	18	1:13:16 h	M JUN	827
14	Breidenbicher, Daniel	72	Sparkasse Mittelholstein	0:09:29 h	17	0:43:22 h	11	0:52:51 h	11	0:20:55 h	23	1:13:46 h	MAK 45	753
15	Reiter, Arvid	94	TSV Schleswig	0:09:51 h	18	0:44:29 h	19	0:54:20 h	19	0:19:44 h	14	1:14:04 h	MAK 25	822
16	Sticken, Gunnar	74		0:09:28 h	16	0:43:30 h	12	0:52:58 h	12	0:21:22 h	27	1:14:20 h	MAK 45	755
17	Claessen, Holger	65	TriStars Felm	0:09:01 h	9	0:43:58 h	15	0:52:59 h	13	0:21:52 h	30	1:14:51 h	MAK 50	786
18	Blase, Danny	88	SG Athletico Büdelsdorf	0:12:50 h	63	0:43:16 h	10	0:56:06 h	25	0:19:11 h	5	1:15:17 h	MAK 30	797
19	Rusch, Philipp	96	SG TSV Kronshagen/ Kieler 1	0:12:08 h	48	0:45:35 h	26	0:57:43 h	35	0:17:37 h	1	1:15:20 h	MAK 20	819
20	Gaasch, Bernd	62	Borener SV	0:10:33 h	30	0:44:59 h	22	0:55:32 h	20	0:20:04 h	17	1:15:36 h	MAK 55	809
21	Trampenau, Marvin	78	MTV Herzhorn	---	---	---	---	0:55:51 h	24	0:20:12 h	19	1:16:03 h	MAK 40	750
22	Semmler, Bjarne	99	ALG-VfL Bokel	0:13:37 h	69	0:43:42 h	13	0:57:19 h	31	0:19:20 h	8	1:16:39 h	MAK 20	740
23	Mrugalla, Martin	60	MARE-Klinikum.de	0:08:56 h	8	0:44:28 h	18	0:53:24 h	16	0:23:40 h	47	1:17:04 h	MAK 55	727
24	Thiede, Frank	71	TSV Bargteheide Tri	0:09:19 h	12	0:44:09 h	16	0:53:28 h	17	0:24:05 h	49	1:17:33 h	MAK 45	762
25	Schrum, Stefan	69	SG Athletico Büdelsdorf	0:10:19 h	25	0:45:20 h	24	0:55:39 h	22	0:22:36 h	34	1:18:15 h	MAK 50	829
26	Frahm, Tobias	88	Schauwellensittiche-Frahm	0:12:36 h	58	0:46:40 h	33	0:59:16 h	42	0:19:16 h	7	1:18:32 h	MAK 30	766
27	Marcussen, Timo	74	Schleswig-Holstein Netz Triat	0:10:39 h	32	0:45:09 h	23	0:55:48 h	23	0:22:49 h	39	1:18:37 h	MAK 45	730
28	Hornig, Thorsten	68	Westerrönfeld	0:10:36 h	31	0:45:48 h	29	0:56:24 h	26	0:22:37 h	35	1:19:01 h	MAK 50	728
29	Gehler, Stefan	85	Schleswig-Holstein Netz Triat	0:12:26 h	57	0:45:39 h	27	0:58:05 h	36	0:20:57 h	25	1:19:02 h	MAK 30	745
30	Voigt, Jan	66	Schleswig Holstein Netz Triat	0:11:37 h	41	0:45:55 h	30	0:57:32 h	33	0:21:40 h	28	1:19:12 h	MAK 50	710
31	Balzer, Sven	72	Schleswig-Holstein Netz Triat	0:10:02 h	20	0:45:32 h	25	0:55:34 h	21	0:24:05 h	49	1:19:39 h	MAK 45	712
32	Fabig, Sigurd	61	LAV Husum	0:09:21 h	13	0:44:17 h	17	0:53:38 h	18	0:26:15 h	58	1:19:53 h	MAK 55	810
33	Lahann, Thomas	83	Schleswig-Holstein Netz Triat	0:11:10 h	36	0:45:45 h	28	0:56:55 h	29	0:23:13 h	41	1:20:08 h	MAK 35	713
34	Radau, Stefan	67	Schleswig-Holstein Netz Triat	0:10:13 h	23	0:47:14 h	35	0:57:27 h	32	0:22:43 h	36	1:20:10 h	MAK 50	757
35	Peters, Kay	73		0:11:50 h	44	0:47:45 h	41	0:59:35 h	45	0:20:56 h	24	1:20:31 h	MAK 45	700
36	Gosch, Tom	59	Clown team	0:12:04 h	47	0:44:43 h	20	0:56:47 h	28	0:23:54 h	48	1:20:41 h	MAK 60	702
37	Böhme, Ralf	69	Schleswig-Holstein-Netz Triat	0:11:14 h	37	0:47:34 h	38	0:58:48 h	39	0:22:23 h	32	1:21:11 h	MAK 50	731
38	Staack, Alexander	85	EMTV Triathlon	0:11:41 h	42	0:47:23 h	36	0:59:04 h	41	0:22:35 h	33	1:21:39 h	MAK 30	826
39	Mark, Norden	85		0:13:37 h	69	0:48:35 h	46	1:02:12 h	52	0:19:37 h	11	1:21:49 h	MAK 30	738
40	Redepinning, Stefan	70	TriTeam Neumünster	0:10:23 h	28	0:48:00 h	42	0:58:23 h	37	0:23:28 h	42	1:21:51 h	MAK 45	816

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41	Große, Dirk	69	SG Athletico Büdelsdorf	0:10:51 h	34	0:47:35 h	39	0:58:26 h	38	0:23:35 h	45	1:22:01 h	M AK 50	778
42	Vogelgsang, Miguel	82	LAV Husum	0:14:30 h	74	0:49:05 h	51	1:03:35 h	58	0:18:36 h	4	1:22:11 h	M AK 35	833
43	Steinke, Christoph	85		0:12:42 h	62	0:48:19 h	44	1:01:01 h	49	0:21:14 h	26	1:22:15 h	M AK 30	726
44	Beireis, Stephan	81	motion center JHolger Otto G	0:11:34 h	40	0:49:18 h	53	1:00:52 h	47	0:21:40 h	28	1:22:32 h	M AK 35	733
45	Dziobek, Niklas	87		0:13:26 h	67	0:48:50 h	47	1:02:16 h	53	0:20:46 h	22	1:23:02 h	M AK 30	824
46	Marquardt, Andreas	73	Schleswig-Holstein Netz Triat	0:12:16 h	54	0:47:39 h	40	0:59:55 h	46	0:23:33 h	43	1:23:28 h	M AK 45	709
47	Kanczok, Jabin	94	ZIP	0:12:10 h	50	0:50:51 h	55	1:03:01 h	55	0:20:30 h	21	1:23:31 h	M AK 25	790
48	Reher, Sven-Erik	74	SG Athletico Büdelsdorf	0:10:22 h	27	0:46:38 h	32	0:57:00 h	30	0:26:53 h	62	1:23:53 h	M AK 45	835
49	Jensen, Marvin	94	Schleswig-Holstein Netz Triat	0:11:45 h	43	0:47:10 h	34	0:58:55 h	40	0:25:18 h	55	1:24:13 h	M AK 25	769
50	Hahn, Stefan	79		0:10:03 h	21	0:47:30 h	37	0:57:33 h	34	0:27:05 h	64	1:24:38 h	M AK 40	812
51	Jetschke, Matten	64	Clown team	0:10:04 h	22	0:46:32 h	31	0:56:36 h	27	0:28:58 h	70	1:25:34 h	M AK 55	703
52	Bark, Florian	75	USC Kiel	0:12:22 h	56	0:51:21 h	58	1:03:43 h	59	0:22:45 h	37	1:26:28 h	M AK 40	804
53	Meyer, Frank	78	TRI EMTV Elmshorn	0:15:26 h	77	0:48:23 h	45	1:03:49 h	60	0:22:48 h	38	1:26:37 h	M AK 40	779
54	Langmaack, Ole	80	Schleswig-Holstein Netz Triat	0:11:14 h	37	0:48:15 h	43	0:59:29 h	43	0:27:10 h	66	1:26:39 h	M AK 35	708
55	Schukat, René	85		0:12:09 h	49	0:51:41 h	60	1:03:50 h	61	0:22:52 h	40	1:26:42 h	M AK 30	813
56	Bohl, Thorsten	69	Schleswig-Holstein Netz Triat	0:12:38 h	59	0:50:40 h	54	1:03:18 h	56	0:23:35 h	45	1:26:53 h	M AK 50	814
57	Dau, Matthias	80	Schleswig-Holstein Netz Triat	0:09:12 h	10	0:51:44 h	61	1:00:56 h	48	0:26:20 h	59	1:27:16 h	M AK 35	748
58	Naundorf, Jens	64	VfL Börnsen	0:12:20 h	55	0:48:51 h	48	1:01:11 h	51	0:26:10 h	57	1:27:21 h	M AK 55	758
59	Claessen, Mats	95		0:12:02 h	46	0:49:02 h	49	1:01:04 h	50	0:26:24 h	60	1:27:28 h	M AK 20	791
60	Raeker, Tim	89		0:11:53 h	45	0:52:19 h	62	1:04:12 h	62	0:23:34 h	44	1:27:46 h	M AK 30	794
61	Mintrop, Kai	75		0:10:28 h	29	0:49:03 h	50	0:59:31 h	44	0:28:31 h	69	1:28:02 h	M AK 40	830
62	Zagermann, Ulf	62	TRI EMTV Elmshorn	0:13:34 h	68	0:49:16 h	52	1:02:50 h	54	0:25:21 h	56	1:28:11 h	M AK 55	724
63	Adolphsen, Ilja	71	TSV Silberstedt	0:12:15 h	53	0:51:04 h	56	1:03:19 h	57	0:27:30 h	67	1:30:49 h	M AK 45	705
64	Busch, Christian	77	Schleswig-Holstein Netz Triat	0:14:27 h	73	0:51:07 h	57	1:05:34 h	63	0:25:17 h	54	1:30:51 h	M AK 40	711
65	Castex, Elias	01	Schleswig Holstein Netz Triat	0:14:55 h	75	0:51:27 h	59	1:06:22 h	65	0:24:55 h	52	1:31:17 h	M JUN	787
66	Schirmeyer, Dr. Stefan	64	VfL Pinneberg Triathlon	0:10:49 h	33	0:55:35 h	66	1:06:24 h	66	0:26:57 h	63	1:33:21 h	M AK 55	781
67	Steffen, Tom	94	Schleswig-Holstein Netz Triat	0:09:53 h	19	0:56:10 h	67	1:06:03 h	64	0:29:17 h	71	1:35:20 h	M AK 25	774
68	Rechner, Dennis	82	Schleswig-Holstein Netz Triat	0:15:03 h	76	0:58:12 h	70	1:13:15 h	75	0:24:05 h	49	1:37:20 h	M AK 35	807
69	Berger, Kevin	95		0:12:13 h	51	0:58:54 h	72	1:11:07 h	72	0:26:46 h	61	1:37:53 h	M AK 20	818
70	Tiessen, Oliver	71	Schleswig Holstein Netz Triat	0:12:14 h	52	0:57:54 h	69	1:10:08 h	71	0:28:12 h	68	1:38:20 h	M AK 45	718
71	Klein, Tobias	87		0:10:21 h	26	0:58:27 h	71	1:08:48 h	68	0:29:56 h	72	1:38:44 h	M AK 30	793
72	Schönfeld, Frank	57	Clown team	0:12:39 h	60	0:55:24 h	64	1:08:03 h	67	0:31:22 h	75	1:39:25 h	M AK 60	704
73	Wobser, Thomas	69		0:16:40 h	78	0:52:48 h	63	1:09:28 h	69	0:31:00 h	73	1:40:28 h	M AK 50	717
74	Roth, Wolfgang	66	LTV-Kiel Ost	0:18:33 h	79	0:57:25 h	68	1:15:58 h	78	0:25:15 h	53	1:41:13 h	M AK 50	744
75	Behnisch, Leander	00		0:13:01 h	64	1:01:46 h	75	1:14:47 h	76	0:27:09 h	65	1:41:56 h	M JUN	799
76	Möckelmann, Nils	89	Schleswig-Holstein Netz Triat	0:14:23 h	72	0:55:28 h	65	1:09:51 h	70	0:32:44 h	77	1:42:35 h	M AK 30	756
77	Müller, Jan	93		0:11:33 h	39	1:00:06 h	73	1:11:39 h	73	0:35:58 h	79	1:47:37 h	M AK 25	701
78	Augustin, Oliver	67	Die Dithmarscher	0:12:41 h	61	1:00:26 h	74	1:13:07 h	74	0:34:47 h	78	1:47:54 h	M AK 50	734
79	Rühter, Jens	64	Schleswig-Holstein Netz Triat	0:19:49 h	81	1:02:51 h	77	1:22:40 h	80	0:32:13 h	76	1:54:53 h	M AK 55	772
80	Behnisch, Alfred	62		0:13:01 h	64	1:10:33 h	79	1:23:34 h	81	0:31:20 h	74	1:54:54 h	M AK 55	798

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81	Steffen, Andreas	60		0:13:14 h	66	1:01:48 h	76	1:15:02 h	77	0:40:16 h	81	1:55:18 h	MAK 55	834
82	Parnow, Jürgen	65	Bredenbeker Renntiere	0:14:10 h	71	1:04:42 h	78	1:18:52 h	79	0:37:06 h	80	1:55:58 h	MAK 50	715
83	Puls, Henry	38	Kein	0:19:21 h	80	1:13:08 h	80	1:32:29 h	82	0:53:45 h	82	2:26:14 h	MAK 80	776