

| Platz | Staffel                                  | Starter   | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|--|---|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1     | Schleswig-Holstein Netz<br>Triathlonteam | Ole Langmaack<br>Jonathan Herzig<br>Danny Blase                       | 0:11:22 h | 5        | 0:43:18 h | 1        | 0:54:40 h         | 1         | 0:19:40 h | 2        | 01:14:20 h | Staffel           | 920           |
| 2     | Schleswig-Holstein Netz<br>Triathlonteam | Matthias Dau<br>Thorsten Sell<br>Mark Norden                          | 0:09:52 h | 1        | 0:46:58 h | 4        | 0:56:50 h         | 2         | 0:18:17 h | 1        | 01:15:07 h | Staffel           | 923           |
| 3     | Sparkasse Mittelholstein<br>Team 3       | Stefan Gießel<br>Jens-Oliver Blumenberg<br>Kristian Looft             | 0:10:38 h | 2        | 0:47:40 h | 5        | 0:58:18 h         | 4         | 0:23:23 h | 4        | 01:21:41 h | Staffel           | 928           |
| 4     | SG Athletico Büdelsdorf                  | Maike Detlefs<br>Sandra Wichmann<br>Maike Detlefs                     | 0:13:04 h | 7        | 0:44:33 h | 2        | 0:57:37 h         | 3         | 0:25:27 h | 7        | 01:23:04 h | Staffel           | 921           |
| 5     | Sparkasse Mittelholstein<br>Team 1       | Uwe Stuckmann<br>Christian Loose<br>Dr.Sören Abendroth                | 0:17:03 h | 12       | 0:46:55 h | 3        | 1:03:58 h         | 7         | 0:22:41 h | 3        | 01:26:39 h | Staffel           | 924           |
| 6     |  | Meike Schumann-Bulda<br>Gerhard Thomas<br>Erik Semcken                | 0:11:20 h | 4        | 0:52:07 h | 7        | 1:03:27 h         | 6         | 0:24:15 h | 5        | 01:27:42 h | Staffel           | 934           |
| 7     | TSV Vineta Audorf<br>"Rumrunner"         | Britta Plähn<br>Klaas Dietrich<br>Gina Schulze                        | 0:11:10 h | 3        | 0:48:43 h | 6        | 0:59:53 h         | 5         | 0:28:05 h | 12       | 01:27:58 h | Staffel           | 930           |
| 8     | Sparkasse Mittelholstein<br>Team 2       | Nadia Höhling<br>Thomas Wobser<br>Michael Dins                        | 0:14:25 h | 8        | 0:52:55 h | 8        | 1:07:20 h         | 8         | 0:24:24 h | 6        | 01:31:44 h | Staffel           | 927           |
| 9     | cycling-girls ACTIVE                     | Heilwig Hinrichs<br>Kerstin Saggau-Ostermann<br>Esther Niederdellmann | 0:12:26 h | 6        | 0:55:30 h | 11       | 1:07:56 h         | 9         | 0:27:05 h | 8        | 01:35:01 h | Staffel           | 926           |
| 10    | Schleswig-Holstein Netz<br>Triathlonteam | Heiko Boyens<br>Dirk Harder<br>Marie Harder                           | 0:14:46 h | 9        | 0:53:18 h | 9        | 1:08:04 h         | 10        | 0:27:57 h | 11       | 01:36:01 h | Staffel           | 922           |

| Platz | Staffel                           | Starter   | Schwimmen | Pos S | Rad       | Pos R | Zwischenzeit | Pos ZZ | Laufen    | Pos L | Gesamtzeit | Altersklasse | Start-Nr. |
|-------|-----------------------------------|---|-----------|-------|-----------|-------|--------------|--------|-----------|-------|------------|--------------|-----------|
| 11    | Athletico Büdelsdorf, Cappuccinos | Heike Boysen Heisler<br>Annett Karstensen<br>Melanie Westphalen                   | 0:15:15 h | 11    | 0:53:27 h | 10    | 1:08:42 h    | 11     | 0:29:12 h | 13    | 01:37:54 h | Staffel      | 925       |
| 12    |                                   | Irina Belz<br>Monika Kronshage<br>Anja Pfeiffer                                   | 0:15:09 h | 10    | 1:02:47 h | 12    | 1:17:56 h    | 12     | 0:27:17 h | 9     | 01:45:13 h | Staffel      | 931       |
| 13    |                                   | Christian Führer<br>Inga-Constanze Obereichholz<br>Alexander Obereichholz-Bangert | 0:18:04 h | 13    | 1:09:35 h | 13    | 1:27:39 h    | 13     | 0:27:19 h | 10    | 01:54:58 h | Staffel      | 929       |