

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Johannsen, Leif	97	Schleswig-Holstein Netz Triat	0:08:21 h	1	0:39:27 h	1	0:47:48 h	1	0:19:34 h	7	1:07:22 h	MAK 20	785
2	Wichmann, Frank	75	SG Athletico Büdelsdorf	0:09:00 h	4	0:41:48 h	3	0:50:48 h	2	0:18:47 h	2	1:09:35 h	MAK 40	776
3	Schnoedewind, Lukas	96	triTeam triZack Rostock	0:08:22 h	2	0:42:30 h	4	0:50:52 h	3	0:19:06 h	5	1:09:58 h	MAK 20	738
4	Oelerich, Jan	88	DT Swiss Factory Squad	0:13:22 h	56	0:39:43 h	2	0:53:05 h	4	0:18:45 h	1	1:11:50 h	MAK 30	708
5	Janke, Tim	90	Schleswig-Holstein Netz Triat	0:09:00 h	4	0:44:34 h	8	0:53:34 h	6	0:19:54 h	8	1:13:28 h	MAK 25	758
6	Heesch, Frederik	85	Tri Team NMS	0:10:12 h	15	0:42:54 h	5	0:53:06 h	5	0:20:43 h	13	1:13:49 h	MAK 30	798
7	Lorenz, Lovis	00		0:09:06 h	6	0:46:36 h	16	0:55:42 h	13	0:18:59 h	4	1:14:41 h	M JUN	828
8	Krüger, Marcel	95	SC Itzehoe	0:11:21 h	25	0:44:31 h	7	0:55:52 h	14	0:20:02 h	9	1:15:54 h	MAK 20	719
9	Wölk, Stephan	89		0:09:49 h	10	0:45:40 h	11	0:55:29 h	11	0:20:48 h	14	1:16:17 h	MAK 25	752
10	Breidenbicher, Daniel	72	SV Langwedel	0:09:59 h	14	0:45:27 h	10	0:55:26 h	9	0:21:11 h	16	1:16:37 h	MAK 45	740
11	Götsch, Thomas	79	LTV Kiel-Ost	0:11:30 h	27	0:44:57 h	9	0:56:27 h	15	0:20:17 h	10	1:16:44 h	MAK 35	790
12	Mrugalla, Felix	93		0:08:50 h	3	0:46:31 h	15	0:55:21 h	7	0:21:40 h	18	1:17:01 h	MAK 25	772
13	Sticken, Gunnar	74		0:09:52 h	11	0:45:48 h	12	0:55:40 h	12	0:21:43 h	19	1:17:23 h	MAK 40	823
14	Schönlau, Roman	70	Rad-Treff Borchen	0:09:44 h	9	0:47:36 h	19	0:57:20 h	18	0:22:02 h	22	1:19:22 h	MAK 45	777
15	Schlüter, Jörn	73		0:11:01 h	20	0:44:21 h	6	0:55:22 h	8	0:24:05 h	44	1:19:27 h	MAK 45	753
16	Hill, Mario	62	Tri Endurance Germany	0:11:19 h	24	0:45:52 h	13	0:57:11 h	17	0:22:20 h	24	1:19:31 h	MAK 55	739
17	Kelling, Fabian	84	BSV Friesen	0:11:27 h	26	0:47:42 h	21	0:59:09 h	20	0:20:29 h	12	1:19:38 h	MAK 30	768
18	Mrugalla, Martin	60		0:09:19 h	8	0:46:08 h	14	0:55:27 h	10	0:24:16 h	49	1:19:43 h	MAK 55	770
19	Schöttner, Axel	68	triabolos HH	0:09:53 h	12	0:47:14 h	18	0:57:07 h	16	0:24:15 h	46	1:21:22 h	MAK 50	791
20	Schreber, Merle	00	SG Athletico Büdelsdorf	0:09:16 h	7	0:49:02 h	23	0:58:18 h	19	0:24:03 h	42	1:22:21 h	W JUN	778
21	Große, Dirk	69	SG Athletico Büdelsdorf	---	---	---	---	1:01:14 h	24	0:21:54 h	21	1:23:08 h	MAK 45	795
22	Christiansen, Nina	88	SV Enge-Sande	0:13:33 h	59	0:47:41 h	20	1:01:14 h	24	0:22:37 h	28	1:23:51 h	W AK 30	725
23	Gosch, Thomas	59	Athletico büdelsdorf	0:12:46 h	45	0:47:06 h	17	0:59:52 h	21	0:24:02 h	41	1:23:54 h	MAK 55	710
24	Brauer, Tobias	66		0:09:54 h	13	0:52:41 h	41	1:02:35 h	29	0:22:26 h	25	1:25:01 h	MAK 50	846
25	Fromme, Roland	62	LG POWER-Schnecken Kiel	0:12:29 h	41	0:50:28 h	29	1:02:57 h	32	0:22:10 h	23	1:25:07 h	MAK 55	794
26	Staack, Alexander	85	EMTV	0:12:38 h	44	0:49:40 h	27	1:02:18 h	26	0:23:14 h	35	1:25:32 h	MAK 30	706
26	Dannenberg, Hans-Peter	62	SH - Netz /Dannenberg.Traini	0:11:32 h	28	0:50:56 h	31	1:02:28 h	28	0:23:04 h	31	1:25:32 h	MAK 55	799
28	Voigt, Jan	66	Schleswig-Holstein Netz Triat	0:12:20 h	37	0:50:43 h	30	1:03:03 h	33	0:22:36 h	27	1:25:39 h	MAK 50	757
29	Krüger, Björn	84	Eisteealarm	0:11:37 h	30	0:52:40 h	40	1:04:17 h	38	0:21:53 h	20	1:26:10 h	MAK 30	742
30	Vogt, Tobias	91		0:14:15 h	68	0:51:20 h	33	1:05:35 h	44	0:20:58 h	15	1:26:33 h	MAK 25	750
31	Redepenning, Stefan	70	Tri Team Neumünster	0:11:11 h	22	0:51:57 h	37	1:03:08 h	34	0:23:31 h	39	1:26:39 h	MAK 45	810
32	Balzer, Sven	72	Schleswig-Holstein Netz Triat	0:10:53 h	19	0:51:54 h	36	1:02:47 h	31	0:24:04 h	43	1:26:51 h	MAK 45	713
33	Hornig, Thorsten	68	Westerrönfeld	0:11:33 h	29	0:52:15 h	38	1:03:48 h	36	0:23:11 h	34	1:26:59 h	MAK 50	756
34	Schnoor, Lisa	94	Usc Kiel	0:11:57 h	35	0:51:13 h	32	1:03:10 h	35	0:23:57 h	40	1:27:07 h	W AK 20	767
35	Reiter, Arvid	94		0:11:38 h	31	0:54:02 h	46	1:05:40 h	45	0:21:28 h	17	1:27:08 h	MAK 20	813
36	Schröder, Julian	85	USC Kiel	0:11:41 h	33	0:52:37 h	39	1:04:18 h	39	0:22:56 h	30	1:27:14 h	MAK 30	709
37	Dose, Sarah	01	USC Kiel	0:10:47 h	18	0:56:08 h	63	1:06:55 h	49	0:20:25 h	11	1:27:20 h	W JA	788
38	Günther, Paula	99	SG Athletico Büdelsdorf	0:11:13 h	23	0:49:11 h	25	1:00:24 h	22	0:27:34 h	77	1:27:58 h	W JUN	705
39	Marcussen, Timo	74	Schleswig-Holstein Netz Triat	0:11:38 h	31	0:53:29 h	45	1:05:07 h	41	0:23:10 h	33	1:28:17 h	MAK 40	784
40	Jetschke, Matten	64	TSV Lesum	0:10:37 h	16	0:49:53 h	28	1:00:30 h	23	0:27:53 h	81	1:28:23 h	MAK 50	723

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41	Rexhepi, Richard	00	Schleswig-Holstein Netz Triat	0:13:15 h	53	0:49:11 h	25	1:02:26 h	27	0:26:00 h	64	1:28:26 h	M JUN	847
42	Lahann, Thomas	83	Schleswig-Holstein Netz Triat	0:12:25 h	40	0:52:56 h	44	1:05:21 h	42	0:23:19 h	37	1:28:40 h	MAK 35	761
43	Schäfer, Dennis	92		0:14:50 h	74	0:55:16 h	55	1:10:06 h	63	0:18:47 h	2	1:28:53 h	MAK 25	735
44	Wolf, Marcel	81		0:10:44 h	17	0:54:57 h	52	1:05:41 h	46	0:23:14 h	35	1:28:55 h	MAK 35	747
45	Evers, Nils	77	SC-Itzehoe	0:13:38 h	60	0:49:05 h	24	1:02:43 h	30	0:26:35 h	71	1:29:18 h	MAK 40	773
46	Gehler, Stefan	85	Schleswig-Holstein Netz Triat	0:14:00 h	65	0:52:41 h	41	1:06:41 h	47	0:23:28 h	38	1:30:09 h	MAK 30	789
47	Schulze, Marcus	81		0:16:05 h	84	0:48:28 h	22	1:04:33 h	40	0:25:46 h	58	1:30:19 h	MAK 35	731
48	Meißner, Björn	94	USC Kiel	0:14:06 h	66	0:54:03 h	47	1:08:09 h	52	0:23:08 h	32	1:31:17 h	MAK 20	736
49	Hasner, Mario	71	Kmtv	0:12:24 h	39	0:54:18 h	49	1:06:42 h	48	0:24:40 h	51	1:31:22 h	MAK 45	716
50	Reker, Monika	74	MC Pirate	0:13:39 h	61	0:51:48 h	35	1:05:27 h	43	0:26:35 h	71	1:32:02 h	W AK 40	819
51	Sauerwald, Holger	67	MTB Treff Varel	0:12:23 h	38	0:51:25 h	34	1:03:48 h	36	0:28:45 h	86	1:32:33 h	MAK 50	821
52	Brüning, Claas	65	TSG Bad Segeberg eV	0:11:06 h	21	0:57:31 h	70	1:08:37 h	56	0:24:15 h	46	1:32:52 h	MAK 50	800
53	Jetschke, Claas	96	TSV Lesum	0:14:57 h	75	0:55:57 h	61	1:10:54 h	68	0:22:52 h	29	1:33:46 h	MAK 20	722
54	Abel, Moritz	96	TSV Lütjenburg	0:12:37 h	43	1:01:41 h	83	1:14:18 h	81	0:19:29 h	6	1:33:47 h	MAK 20	838
55	Erdmann, Christian	86	Tri-Verein Thesi	0:13:12 h	52	0:55:10 h	54	1:08:22 h	54	0:25:31 h	56	1:33:53 h	MAK 30	704
56	Dellius, Inke	76		0:14:20 h	69	0:55:21 h	56	1:09:41 h	61	0:24:15 h	46	1:33:56 h	W AK 40	844
57	Rohwer, Nils	71	Schleswig-Holstein Netz Triat	0:14:08 h	67	0:54:38 h	50	1:08:46 h	57	0:25:56 h	62	1:34:42 h	MAK 45	783
58	Adlophsen, Ilja	71	Schleswig-Holstein Netz Triat	0:13:09 h	50	0:55:01 h	53	1:08:10 h	53	0:26:33 h	70	1:34:43 h	MAK 45	807
59	Kuxner, Benedikt	78	Schleswig-Holstein Netz Triat	0:13:00 h	49	0:57:10 h	69	1:10:10 h	64	0:24:44 h	52	1:34:54 h	MAK 40	771
60	Kruse, Jens	69		0:12:19 h	36	0:54:44 h	51	1:07:03 h	51	0:28:23 h	83	1:35:26 h	MAK 45	796
61	Seifert, Regina	68	MC Kollmar	0:13:17 h	54	0:57:02 h	68	1:10:19 h	65	0:25:15 h	55	1:35:34 h	W AK 50	701
62	Kaack, Heike	58	SG Athletico Büdelsdorf	---	---	---	---	1:09:52 h	62	0:25:49 h	60	1:35:41 h	W AK 60	703
63	Hansen, Martin	87		0:11:43 h	34	0:57:37 h	72	1:09:20 h	60	0:26:23 h	68	1:35:43 h	MAK 30	822
64	Rohde, Kim	89		---	---	---	---	1:10:19 h	65	0:25:40 h	57	1:35:59 h	MAK 25	743
65	Letje, Stephan	64	MC Kollmar	0:15:23 h	81	0:56:32 h	66	1:11:55 h	71	0:24:13 h	45	1:36:08 h	MAK 50	702
66	Taubert, Ann-Kathrin	91		0:13:52 h	63	0:56:35 h	67	1:10:27 h	67	0:25:47 h	59	1:36:14 h	W AK 25	711
67	Petermann, Ira	81	Team Trulla	0:16:04 h	83	0:52:46 h	43	1:08:50 h	58	0:27:46 h	79	1:36:36 h	W AK 35	751
68	Streng, Marco	68		0:12:47 h	46	0:54:13 h	48	1:07:00 h	50	0:29:40 h	90	1:36:40 h	MAK 50	825
69	Schrader, Lisa	93		0:13:11 h	51	0:55:55 h	59	1:09:06 h	59	0:27:40 h	78	1:36:46 h	W AK 25	803
70	Tiessen, Oliver	71	Schleswig-Holstein Netz Triat	0:15:02 h	76	0:56:04 h	62	1:11:06 h	69	0:25:54 h	61	1:37:00 h	MAK 45	786
71	von Lanken, Svenja	73	TSV Fahrdorf	0:15:03 h	77	0:56:23 h	64	1:11:26 h	70	0:26:08 h	66	1:37:34 h	W AK 45	721
72	Jensen, Hanna	85		0:12:57 h	48	1:00:31 h	79	1:13:28 h	77	0:24:25 h	50	1:37:53 h	W AK 30	834
73	Schubert, Meik	63		0:16:18 h	87	0:55:38 h	57	1:11:56 h	72	0:26:37 h	73	1:38:33 h	MAK 55	805
74	Marquardt, Andreas	73	Schleswig-Holstein Netz Triat	0:17:50 h	94	0:55:55 h	59	1:13:45 h	78	0:24:50 h	53	1:38:35 h	MAK 45	700
75	Harder, Kerstin	69	Schleswig-Holstein Netz Triat	0:15:05 h	79	0:57:33 h	71	1:12:38 h	74	0:25:59 h	63	1:38:37 h	W AK 45	780
76	Mäckelmann, Ralf	64	SVHU Laufenten	0:13:31 h	58	1:00:28 h	78	1:13:59 h	80	0:25:07 h	54	1:39:06 h	MAK 50	737
77	Schönfeld, Frank	57	EnSfr	0:12:34 h	42	0:55:51 h	58	1:08:25 h	55	0:30:58 h	93	1:39:23 h	MAK 60	724
78	Deckert, Frank	86		0:13:20 h	55	---	---	---	---	---	---	1:40:00 h	MAK 30	824
79	Baydas, Sonja	78	ETV	0:14:33 h	71	0:58:45 h	74	1:13:18 h	76	0:26:48 h	74	1:40:06 h	W AK 40	717
80	Meyer, Roland	63	TuS Rotenhof	0:12:50 h	47	0:59:32 h	77	1:12:22 h	73	0:28:31 h	84	1:40:53 h	MAK 55	764

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81	Rambow, Alexander	89	Flensburg Sporskifte UF	0:17:33 h	93	0:56:24 h	65	1:13:57 h	79	0:27:17 h	76	1:41:14 h	M AK 25	826
82	Ahrens, Heiko	77		0:15:29 h	82	0:57:47 h	73	1:13:16 h	75	0:28:00 h	82	1:41:16 h	M AK 40	818
83	Lorenz, Christian	77	Schleswig-Holstein Netz Triat	0:13:56 h	64	1:01:07 h	81	1:15:03 h	83	0:27:14 h	75	1:42:17 h	M AK 40	754
84	Kurbjuhn, Lone	87	Schleswig-Holstein Netz Triat	0:16:08 h	85	1:00:53 h	80	1:17:01 h	87	0:26:03 h	65	1:43:04 h	W AK 30	781
85	Hansen, Sabine	67	SZ Arlewatt	0:15:10 h	80	0:59:11 h	76	1:14:21 h	82	0:28:57 h	87	1:43:18 h	W AK 50	712
86	Joensen, Louise	81		0:14:43 h	73	1:02:14 h	84	1:16:57 h	86	0:26:23 h	68	1:43:20 h	W AK 35	726
87	Heintz, Mathias	80		0:16:59 h	91	1:03:53 h	89	1:20:52 h	93	0:22:31 h	26	1:43:23 h	M AK 35	820
88	Pauker, Martin	83		0:13:24 h	57	1:03:48 h	88	1:17:12 h	89	0:26:18 h	67	1:43:30 h	M AK 35	744
89	Hasenritter, Mona	84	Sport.tri.lich	0:13:47 h	62	1:04:17 h	90	1:18:04 h	90	0:27:49 h	80	1:45:53 h	W AK 30	729
90	Rehder, Ole	80	Gartenfreunde Neuenbrook	0:14:37 h	72	1:01:39 h	82	1:16:16 h	85	0:29:42 h	91	1:45:58 h	M AK 35	762
91	Sackschewski, Kristin	80	Schleswig-Holstein Netz Triat	0:15:04 h	78	1:03:04 h	86	1:18:08 h	91	0:28:40 h	85	1:46:48 h	W AK 35	843
92	Kobs, Jennifer	87		0:16:48 h	89	0:59:06 h	75	1:15:54 h	84	0:31:10 h	94	1:47:04 h	W AK 30	831
93	Krüger, Maike	96	TriAs Flensburg e.V	0:14:22 h	70	1:02:44 h	85	1:17:06 h	88	0:32:10 h	95	1:49:16 h	W AK 20	806
94	Petz, Susanne	77		0:16:54 h	90	1:03:16 h	87	1:20:10 h	92	0:30:17 h	92	1:50:27 h	W AK 40	720
95	Mahnke, Carol	72	Schleswig-Holstein Netz Triat	0:16:12 h	86	1:08:19 h	92	1:24:31 h	95	0:29:37 h	88	1:54:08 h	W AK 45	808
96	Franke, Deborah	76		0:16:23 h	88	1:10:34 h	94	1:26:57 h	96	0:29:37 h	88	1:56:34 h	W AK 40	727
97	Then, Rudolf	48	TSG Marxheim	0:18:38 h	95	1:05:28 h	91	1:24:06 h	94	0:32:32 h	96	1:56:38 h	M AK 70	763
98	Weimann, Frank	56	TSB Flensburgs	0:17:24 h	92	1:10:25 h	93	1:27:49 h	97	0:34:19 h	97	2:02:08 h	M AK 60	827