

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
Altersklasse M AK 20														
1	Johannsen, Leif	97	Schleswig-Holstein Netz Triat	0:08:21 h	1	0:39:27 h	1	0:47:48 h	1	0:19:34 h	3	1:07:22 h	M AK 20	785
2	Schnoedewind, Lukas	96	triTeam triZack Rostock	0:08:22 h	2	0:42:30 h	2	0:50:52 h	2	0:19:06 h	1	1:09:58 h	M AK 20	738
3	Krüger, Marcel	95	SC Itzehoe	0:11:21 h	3	0:44:31 h	3	0:55:52 h	3	0:20:02 h	4	1:15:54 h	M AK 20	719
4	Reiter, Arvid	94		0:11:38 h	4	0:54:02 h	4	1:05:40 h	4	0:21:28 h	5	1:27:08 h	M AK 20	813
5	Meißner, Björn	94	USC Kiel	0:14:06 h	6	0:54:03 h	5	1:08:09 h	5	0:23:08 h	7	1:31:17 h	M AK 20	736
6	Jetschke, Claas	96	TSV Lesum	0:14:57 h	7	0:55:57 h	6	1:10:54 h	6	0:22:52 h	6	1:33:46 h	M AK 20	722
7	Abel, Moritz	96	TSV Lütjenburg	0:12:37 h	5	1:01:41 h	7	1:14:18 h	7	0:19:29 h	2	1:33:47 h	M AK 20	838
Altersklasse M AK 25														
1	Janke, Tim	90	Schleswig-Holstein Netz Triat	0:09:00 h	2	0:44:34 h	1	0:53:34 h	1	0:19:54 h	2	1:13:28 h	M AK 25	758
2	Wölk, Stephan	89		0:09:49 h	3	0:45:40 h	2	0:55:29 h	3	0:20:48 h	3	1:16:17 h	M AK 25	752
3	Mrugalla, Felix	93		0:08:50 h	1	0:46:31 h	3	0:55:21 h	2	0:21:40 h	5	1:17:01 h	M AK 25	772
4	Vogt, Tobias	91		0:14:15 h	4	0:51:20 h	4	1:05:35 h	4	0:20:58 h	4	1:26:33 h	M AK 25	750
5	Schäfer, Dennis	92		0:14:50 h	5	0:55:16 h	5	1:10:06 h	5	0:18:47 h	1	1:28:53 h	M AK 25	735
6	Rohde, Kim	89		---	---	---	---	1:10:19 h	6	0:25:40 h	6	1:35:59 h	M AK 25	743
7	Rambow, Alexander	89	Flensburg Sporskifte UF	0:17:33 h	6	0:56:24 h	6	1:13:57 h	7	0:27:17 h	7	1:41:14 h	M AK 25	826
Altersklasse M AK 30														
1	Oelerich, Jan	88	DT Swiss Factory Squad	0:13:22 h	9	0:39:43 h	1	0:53:05 h	1	0:18:45 h	1	1:11:50 h	M AK 30	708
2	Heesch, Frederik	85	Tri Team NMS	0:10:12 h	1	0:42:54 h	2	0:53:06 h	2	0:20:43 h	3	1:13:49 h	M AK 30	798
3	Kelling, Fabian	84	BSV Friesen	0:11:27 h	2	0:47:42 h	3	0:59:09 h	3	0:20:29 h	2	1:19:38 h	M AK 30	768
4	Staack, Alexander	85	EMTV	0:12:38 h	6	0:49:40 h	4	1:02:18 h	4	0:23:14 h	6	1:25:32 h	M AK 30	706
5	Krüger, Björn	84	Eisteealarm	0:11:37 h	3	0:52:40 h	6	1:04:17 h	5	0:21:53 h	4	1:26:10 h	M AK 30	742
6	Schröder, Julian	85	USC Kiel	0:11:41 h	4	0:52:37 h	5	1:04:18 h	6	0:22:56 h	5	1:27:14 h	M AK 30	709
7	Gehler, Stefan	85	Schleswig-Holstein Netz Triat	0:14:00 h	10	0:52:41 h	7	1:06:41 h	7	0:23:28 h	7	1:30:09 h	M AK 30	789
8	Erdmann, Christian	86	Tri-Verein Thesi	0:13:12 h	7	0:55:10 h	8	1:08:22 h	8	0:25:31 h	8	1:33:53 h	M AK 30	704
9	Hansen, Martin	87		0:11:43 h	5	0:57:37 h	9	1:09:20 h	9	0:26:23 h	9	1:35:43 h	M AK 30	822
10	Deckert, Frank	86		0:13:20 h	8	---	---	---	---	---	---	1:40:00 h	M AK 30	824
Altersklasse M AK 35														
1	Götsch, Thomas	79	LTV Kiel-Ost	0:11:30 h	2	0:44:57 h	1	0:56:27 h	1	0:20:17 h	1	1:16:44 h	M AK 35	790
2	Lahann, Thomas	83	Schleswig-Holstein Netz Triat	0:12:25 h	3	0:52:56 h	3	1:05:21 h	3	0:23:19 h	4	1:28:40 h	M AK 35	761
3	Wolf, Marcel	81		0:10:44 h	1	0:54:57 h	4	1:05:41 h	4	0:23:14 h	3	1:28:55 h	M AK 35	747
4	Schulze, Marcus	81		0:16:05 h	6	0:48:28 h	2	1:04:33 h	2	0:25:46 h	5	1:30:19 h	M AK 35	731
5	Heintz, Mathias	80		0:16:59 h	7	1:03:53 h	7	1:20:52 h	7	0:22:31 h	2	1:43:23 h	M AK 35	820
6	Pauker, Martin	83		0:13:24 h	4	1:03:48 h	6	1:17:12 h	6	0:26:18 h	6	1:43:30 h	M AK 35	744
7	Rehder, Ole	80	Gartenfreunde Neuenbrook	0:14:37 h	5	1:01:39 h	5	1:16:16 h	5	0:29:42 h	7	1:45:58 h	M AK 35	762
Altersklasse M AK 40														
1	Wichmann, Frank	75	SG Athletico Büdelsdorf	0:09:00 h	1	0:41:48 h	1	0:50:48 h	1	0:18:47 h	1	1:09:35 h	M AK 40	776
2	Sticken, Gunnar	74		0:09:52 h	2	0:45:48 h	2	0:55:40 h	2	0:21:43 h	2	1:17:23 h	M AK 40	823

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
3	Marcussen, Timo	74	Schleswig-Holstein Netz Triat	0:11:38 h	3	0:53:29 h	4	1:05:07 h	4	0:23:10 h	3	1:28:17 h	M AK 40	784
4	Evers, Nils	77	SC-Itzehoe	0:13:38 h	5	0:49:05 h	3	1:02:43 h	3	0:26:35 h	5	1:29:18 h	M AK 40	773
5	Mexner, Benedikt	78	Schleswig-Holstein Netz Triat	0:13:00 h	4	0:57:10 h	5	1:10:10 h	5	0:24:44 h	4	1:34:54 h	M AK 40	771
6	Ahrens, Heiko	77		0:15:29 h	7	0:57:47 h	6	1:13:16 h	6	0:28:00 h	7	1:41:16 h	M AK 40	818
7	Lorenz, Christian	77	Schleswig-Holstein Netz Triat	0:13:56 h	6	1:01:07 h	7	1:15:03 h	7	0:27:14 h	6	1:42:17 h	M AK 40	754
Altersklasse M AK 45														
1	Breidenbicher, Daniel	72	SV Langwedel	0:09:59 h	2	0:45:27 h	2	0:55:26 h	2	0:21:11 h	1	1:16:37 h	M AK 45	740
2	Schönlau, Roman	70	Rad-Treff Borchen	0:09:44 h	1	0:47:36 h	3	0:57:20 h	3	0:22:02 h	3	1:19:22 h	M AK 45	777
3	Schlüter, Jörn	73		0:11:01 h	4	0:44:21 h	1	0:55:22 h	1	0:24:05 h	6	1:19:27 h	M AK 45	753
4	Große, Dirk	69	SG Athletico Büdelsdorf	---		---		1:01:14 h	4	0:21:54 h	2	1:23:08 h	M AK 45	795
5	Redepenning, Stefan	70	Tri Team Neumünster	0:11:11 h	5	0:51:57 h	5	1:03:08 h	6	0:23:31 h	4	1:26:39 h	M AK 45	810
6	Balzer, Sven	72	Schleswig-Holstein Netz Triat	0:10:53 h	3	0:51:54 h	4	1:02:47 h	5	0:24:04 h	5	1:26:51 h	M AK 45	713
7	Hasner, Mario	71	Kmtv	0:12:24 h	7	0:54:18 h	6	1:06:42 h	7	0:24:40 h	7	1:31:22 h	M AK 45	716
8	Rohwer, Nils	71	Schleswig-Holstein Netz Triat	0:14:08 h	9	0:54:38 h	7	1:08:46 h	10	0:25:56 h	10	1:34:42 h	M AK 45	783
9	Adlophsen, Ilja	71	Schleswig-Holstein Netz Triat	0:13:09 h	8	0:55:01 h	9	1:08:10 h	9	0:26:33 h	11	1:34:43 h	M AK 45	807
10	Kruse, Jens	69		0:12:19 h	6	0:54:44 h	8	1:07:03 h	8	0:28:23 h	12	1:35:26 h	M AK 45	796
11	Tiessen, Oliver	71	Schleswig-Holstein Netz Triat	0:15:02 h	10	0:56:04 h	11	1:11:06 h	11	0:25:54 h	9	1:37:00 h	M AK 45	786
12	Marquardt, Andreas	73	Schleswig-Holstein Netz Triat	0:17:50 h	11	0:55:55 h	10	1:13:45 h	12	0:24:50 h	8	1:38:35 h	M AK 45	700
Altersklasse M AK 50														
1	Schöttner, Axel	68	triabolas HH	0:09:53 h	1	0:47:14 h	1	0:57:07 h	1	0:24:15 h	5	1:21:22 h	M AK 50	791
2	Brauer, Tobias	66		0:09:54 h	2	0:52:41 h	6	1:02:35 h	3	0:22:26 h	1	1:25:01 h	M AK 50	846
3	Voigt, Jan	66	Schleswig-Holstein Netz Triat	0:12:20 h	6	0:50:43 h	3	1:03:03 h	4	0:22:36 h	2	1:25:39 h	M AK 50	757
4	Hornig, Thorsten	68	Westerrönfeld	0:11:33 h	5	0:52:15 h	5	1:03:48 h	5	0:23:11 h	3	1:26:59 h	M AK 50	756
5	Jetschke, Matten	64	TSV Lesum	0:10:37 h	3	0:49:53 h	2	1:00:30 h	2	0:27:53 h	8	1:28:23 h	M AK 50	723
6	Sauerwald, Holger	67	MTB Treff Varel	0:12:23 h	7	0:51:25 h	4	1:03:48 h	5	0:28:45 h	9	1:32:33 h	M AK 50	821
7	Brüning, Claas	65	TSG Bad Segeberg eV	0:11:06 h	4	0:57:31 h	9	1:08:37 h	8	0:24:15 h	5	1:32:52 h	M AK 50	800
8	Letje, Stephan	64	MC Kollmar	0:15:23 h	10	0:56:32 h	8	1:11:55 h	9	0:24:13 h	4	1:36:08 h	M AK 50	702
9	Streng, Marco	68		0:12:47 h	8	0:54:13 h	7	1:07:00 h	7	0:29:40 h	10	1:36:40 h	M AK 50	825
10	Mäckelmann, Ralf	64	SVHU Laufenten	0:13:31 h	9	1:00:28 h	10	1:13:59 h	10	0:25:07 h	7	1:39:06 h	M AK 50	737
Altersklasse M AK 55														
1	Hill, Mario	62	Tri Endurance Germany	0:11:19 h	2	0:45:52 h	1	0:57:11 h	2	0:22:20 h	2	1:19:31 h	M AK 55	739
2	Mrugalla, Martin	60		0:09:19 h	1	0:46:08 h	2	0:55:27 h	1	0:24:16 h	5	1:19:43 h	M AK 55	770
3	Gosch, Thomas	59	Athletico büdelsdorf	0:12:46 h	5	0:47:06 h	3	0:59:52 h	3	0:24:02 h	4	1:23:54 h	M AK 55	710
4	Fromme, Roland	62	LG POWER-Schnecken Kiel	0:12:29 h	4	0:50:28 h	4	1:02:57 h	5	0:22:10 h	1	1:25:07 h	M AK 55	794
5	Dannenberg, Hans-Peter	62	SH - Netz /Dannenberg.Train	0:11:32 h	3	0:50:56 h	5	1:02:28 h	4	0:23:04 h	3	1:25:32 h	M AK 55	799
6	Schubert, Meik	63		0:16:18 h	7	0:55:38 h	6	1:11:56 h	6	0:26:37 h	6	1:38:33 h	M AK 55	805
7	Meyer, Roland	63	TuS Rotenhof	0:12:50 h	6	0:59:32 h	7	1:12:22 h	7	0:28:31 h	7	1:40:53 h	M AK 55	764

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
Altersklasse M AK 60														
1	Schönfeld, Frank	57	EnSfr	0:12:34 h	1	0:55:51 h	1	1:08:25 h	1	0:30:58 h	1	1:39:23 h	M AK 60	724
2	Weimann, Frank	56	TSB Flensburgs	0:17:24 h	2	1:10:25 h	2	1:27:49 h	2	0:34:19 h	2	2:02:08 h	M AK 60	827
Altersklasse M AK 70														
1	Then, Rudolf	48	TSG Marxheim	0:18:38 h	1	1:05:28 h	1	1:24:06 h	1	0:32:32 h	1	1:56:38 h	M AK 70	763
Altersklasse M JUN														
1	Lorenz, Lovis	00		0:09:06 h	1	0:46:36 h	1	0:55:42 h	1	0:18:59 h	1	1:14:41 h	M JUN	828
2	Rexhepi, Richard	00	Schleswig-Holstein Netz Triat	0:13:15 h	2	0:49:11 h	2	1:02:26 h	2	0:26:00 h	2	1:28:26 h	M JUN	847
Altersklasse W AK 20														
1	Schnoor, Lisa	94	Usc Kiel	0:11:57 h	1	0:51:13 h	1	1:03:10 h	1	0:23:57 h	1	1:27:07 h	W AK 20	767
2	Krüger, Maike	96	TriAs Flensburg e.V	0:14:22 h	2	1:02:44 h	2	1:17:06 h	2	0:32:10 h	2	1:49:16 h	W AK 20	806
Altersklasse W AK 25														
1	Taubert, Ann-Kathrin	91		0:13:52 h	2	0:56:35 h	2	1:10:27 h	2	0:25:47 h	1	1:36:14 h	W AK 25	711
2	Schrader, Lisa	93		0:13:11 h	1	0:55:55 h	1	1:09:06 h	1	0:27:40 h	2	1:36:46 h	W AK 25	803
Altersklasse W AK 30														
1	Christiansen, Nina	88	SV Enge-Sande	0:13:33 h	2	0:47:41 h	1	1:01:14 h	1	0:22:37 h	1	1:23:51 h	W AK 30	725
2	Jensen, Hanna	85		0:12:57 h	1	1:00:31 h	3	1:13:28 h	2	0:24:25 h	2	1:37:53 h	W AK 30	834
3	Kurbjuhn, Lone	87	Schleswig-Holstein Netz Triat	0:16:08 h	4	1:00:53 h	4	1:17:01 h	4	0:26:03 h	3	1:43:04 h	W AK 30	781
4	Hasenritter, Mona	84	Sport.tri.lich	0:13:47 h	3	1:04:17 h	5	1:18:04 h	5	0:27:49 h	4	1:45:53 h	W AK 30	729
5	Kobs, Jennifer	87		0:16:48 h	5	0:59:06 h	2	1:15:54 h	3	0:31:10 h	5	1:47:04 h	W AK 30	831
Altersklasse W AK 35														
1	Petermann, Ira	81	Team Trulla	0:16:04 h	3	0:52:46 h	1	1:08:50 h	1	0:27:46 h	2	1:36:36 h	W AK 35	751
2	Joensen, Louise	81		0:14:43 h	1	1:02:14 h	2	1:16:57 h	2	0:26:23 h	1	1:43:20 h	W AK 35	726
3	Sackschewski, Kristin	80	Schleswig-Holstein Netz Triat	0:15:04 h	2	1:03:04 h	3	1:18:08 h	3	0:28:40 h	3	1:46:48 h	W AK 35	843
Altersklasse W AK 40														
1	Reker, Monika	74	MC Pirate	0:13:39 h	1	0:51:48 h	1	1:05:27 h	1	0:26:35 h	2	1:32:02 h	W AK 40	819
2	Dellius, Inke	76		0:14:20 h	2	0:55:21 h	2	1:09:41 h	2	0:24:15 h	1	1:33:56 h	W AK 40	844
3	Baydas, Sonja	78	ETV	0:14:33 h	3	0:58:45 h	3	1:13:18 h	3	0:26:48 h	3	1:40:06 h	W AK 40	717
4	Petz, Susanne	77		0:16:54 h	5	1:03:16 h	4	1:20:10 h	4	0:30:17 h	5	1:50:27 h	W AK 40	720
5	Franke, Deborah	76		0:16:23 h	4	1:10:34 h	5	1:26:57 h	5	0:29:37 h	4	1:56:34 h	W AK 40	727
Altersklasse W AK 45														
1	von Lanken, Svenja	73	TSV Fahrdorf	0:15:03 h	1	0:56:23 h	1	1:11:26 h	1	0:26:08 h	2	1:37:34 h	W AK 45	721
2	Harder, Kerstin	69	Schleswig-Holstein Netz Triat	0:15:05 h	2	0:57:33 h	2	1:12:38 h	2	0:25:59 h	1	1:38:37 h	W AK 45	780
3	Mahnke, Carol	72	Schleswig-Holstein Netz Triat	0:16:12 h	3	1:08:19 h	3	1:24:31 h	3	0:29:37 h	3	1:54:08 h	W AK 45	808
Altersklasse W AK 50														
1	Seifert, Regina	68	MC Kollmar	0:13:17 h	1	0:57:02 h	1	1:10:19 h	1	0:25:15 h	1	1:35:34 h	W AK 50	701

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischenzeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Altersklasse	Start-Nr.
2	Hansen, Sabine	67	SZ Arlewatt	0:15:10 h	2	0:59:11 h	2	1:14:21 h	2	0:28:57 h	2	1:43:18 h	W AK 50	712
Altersklasse W AK 60														
1	Kaack, Heike	58	SG Athletico Büdelsdorf	---		---		1:09:52 h	1	0:25:49 h	1	1:35:41 h	W AK 60	703
Altersklasse W JA														
1	Dose, Sarah	01	USC Kiel	0:10:47 h	1	0:56:08 h	1	1:06:55 h	1	0:20:25 h	1	1:27:20 h	W JA	788
Altersklasse W JUN														
1	Schreber, Merle	00	SG Athletico Büdelsdorf	0:09:16 h	1	0:49:02 h	1	0:58:18 h	1	0:24:03 h	1	1:22:21 h	W JUN	778
2	Günther, Paula	99	SG Athletico Büdelsdorf	0:11:13 h	2	0:49:11 h	2	1:00:24 h	2	0:27:34 h	2	1:27:58 h	W JUN	705