

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Laufen	Pos L1	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L2	Gesamtzeit	Alters- klasse	Start- Nr.
1	Pfeifer, Lars	94	SH Netz/Triathlon Potsdam	0:16:54 h	1	0:44:22 h	5	1:01:16 h	2	0:17:14 h	1	1:18:30 h	MAK 20	834
2	Bies, Torben	83	SC Bargaenstedt	0:18:05 h	2	0:42:17 h	1	1:00:22 h	1	0:18:26 h	2	1:18:48 h	MAK 30	822
3	Krüger, Marcel	95	SCItzehoe	0:18:27 h	3	0:44:18 h	3	1:02:45 h	3	0:19:10 h	3	1:21:55 h	MAK 20	753
4	Diers, Frederik	95		0:19:10 h	4	0:45:30 h	7	1:04:40 h	5	0:19:50 h	4	1:24:30 h	MAK 20	826
5	Hänel, Jan Moritz	86	PV Triathlon Witten	---		---		---		---		1:24:38 h	MAK 30	760
6	Meyer, Björn	69	Triabolos	0:19:51 h	9	0:43:49 h	2	1:03:40 h	4	0:21:09 h	8	1:24:49 h	MAK 45	746
7	Blase, Danny	88	SG Athletico Büdelsdorf	0:19:43 h	6	0:45:28 h	6	1:05:11 h	7	0:20:39 h	7	1:25:50 h	MAK 25	780
8	Breidenbicher, Daniel	72	SV Langwedel	0:20:51 h	16	0:44:19 h	4	1:05:10 h	6	0:21:20 h	9	1:26:30 h	MAK 45	788
9	Schlauderbach, Tobias	88	USC Kiel	0:20:14 h	10	0:46:39 h	12	1:06:53 h	11	0:20:13 h	5	1:27:06 h	MAK 25	754
10	Plumeyer, Tino	82	ETV-Kanu-Kiel	0:19:11 h	5	0:47:32 h	18	1:06:43 h	10	0:20:35 h	6	1:27:18 h	MAK 35	783
11	Lankau, Tim	78	Atletico Büdelsdorf	0:20:17 h	11	0:45:37 h	9	1:05:54 h	8	0:21:35 h	11	1:27:29 h	MAK 35	730
12	Mühlberger, Nils	81		0:20:20 h	12	0:45:34 h	8	1:05:54 h	8	0:22:25 h	18	1:28:19 h	MAK 35	731
13	Giesen, Manuel	75	Fc St.Pauli Triathlon	0:19:49 h	8	0:47:14 h	15	1:07:03 h	12	0:21:22 h	10	1:28:25 h	MAK 40	790
14	Kelling, Fabian	84	BSV-Friesen	0:19:48 h	7	0:48:32 h	21	1:08:20 h	13	0:21:47 h	13	1:30:07 h	MAK 30	712
15	Matheszick, Christian	80	Triathlon Treff Sassenburg	0:20:50 h	15	0:48:52 h	27	1:09:42 h	18	0:22:22 h	16	1:32:04 h	MAK 35	786
16	Trampenau, Marvin	78	MTV Herzhorn	0:21:10 h	18	0:49:16 h	31	1:10:26 h	24	0:21:43 h	12	1:32:09 h	MAK 35	803
17	Heidenreich, Markus	67	Trias Bad Schwartau	0:22:41 h	29	0:46:45 h	13	1:09:26 h	15	0:22:57 h	21	1:32:23 h	MAK 50	795
18	Immer, Dirk	69		0:21:23 h	21	0:48:41 h	23	1:10:04 h	19	0:22:33 h	17	1:32:27 h	MAK 45	799
19	Schlatter, Elvira	66	Tri Endurance Germany	0:23:22 h	37	0:45:41 h	10	1:09:03 h	14	0:23:34 h	28	1:32:37 h	W AK 50	811
20	Schröder, Julian	85	USC Kiel	0:20:22 h	13	0:49:09 h	30	1:09:31 h	16	0:23:37 h	29	1:33:08 h	MAK 30	781
21	Hornig, Thorsten	68	HSG Schülpe-Westerrönfeld	0:20:47 h	14	0:49:23 h	34	1:10:10 h	22	0:23:13 h	23	1:33:23 h	MAK 45	701
22	Campbell, Jake	88		0:21:09 h	17	0:48:31 h	20	1:09:40 h	17	0:23:56 h	34	1:33:36 h	MAK 25	779
23	Knappe, Sina	86	USC Kiel	0:22:31 h	27	0:48:49 h	24	1:11:20 h	29	0:22:19 h	15	1:33:39 h	W AK 30	812
24	Hargesheimer, Jan	81		0:22:32 h	28	0:48:40 h	22	1:11:12 h	28	0:22:29 h	19	1:33:41 h	MAK 35	828
25	Pahl, Sönke	90	SG Athletico Büdelsdorf	0:21:12 h	19	0:50:48 h	39	1:12:00 h	33	0:21:47 h	13	1:33:47 h	MAK 25	819
26	Voigt, Jan	66	BSG SH Netz Triathlon	0:21:19 h	20	0:49:27 h	35	1:10:46 h	26	0:23:14 h	24	1:34:00 h	MAK 50	708
27	Dibbern, Fenja	01	SG Athletico Büdelsdorf	0:22:03 h	23	0:49:20 h	32	1:11:23 h	30	0:23:06 h	22	1:34:29 h	W JA	749
28	Mittig, Axel	71	TriTop Ashausen	0:22:08 h	26	0:48:50 h	26	1:10:58 h	27	0:23:39 h	30	1:34:37 h	MAK 45	832
29	Evers, Nils	77	SC-Itzehoe	0:22:45 h	30	0:47:21 h	17	1:10:06 h	21	0:24:34 h	36	1:34:40 h	MAK 40	716
30	Dukat, Sven	66	DLRG Schönberg	0:22:50 h	31	0:49:04 h	29	1:11:54 h	32	0:22:51 h	20	1:34:45 h	MAK 50	739
31	Schreber, Merle	00	SG Athletico Büdelsdorf	0:23:48 h	45	0:46:28 h	11	1:10:16 h	23	0:25:09 h	40	1:35:25 h	W JA	796
32	Carpentier, Rodolphe	83		0:23:32 h	42	0:48:12 h	19	1:11:44 h	31	0:23:48 h	31	1:35:32 h	MAK 30	827
33	Hasselmann, Martin	69		0:23:17 h	36	0:47:14 h	15	1:10:31 h	25	0:25:11 h	41	1:35:42 h	MAK 45	748
34	Meyer, Christian	66		0:23:06 h	33	0:46:59 h	14	1:10:05 h	20	0:26:28 h	50	1:36:33 h	MAK 50	747
35	Meyer, Torsten	68	motion-center TriTeam	0:23:22 h	37	0:48:49 h	24	1:12:11 h	34	0:24:51 h	37	1:37:02 h	MAK 45	820
36	Gillott, Nicholas	88		0:22:04 h	24	0:51:16 h	42	1:13:20 h	37	0:23:51 h	32	1:37:11 h	MAK 25	762
37	Exner, Antje	81	FC St. Pauli Triathlon	0:23:25 h	39	0:48:53 h	28	1:12:18 h	35	0:25:17 h	42	1:37:35 h	W AK 35	823
38	Staack, Alexander	85	Emtv	0:22:55 h	32	0:49:48 h	36	1:12:43 h	36	0:25:04 h	39	1:37:47 h	MAK 30	816
39	Liekefett, Sebastian	87		0:21:59 h	22	0:52:31 h	45	1:14:30 h	40	0:23:19 h	25	1:37:49 h	MAK 30	706
40	Böhme, Ralf	69	BSG SH Netz Triathlon	0:23:25 h	39	0:51:13 h	41	1:14:38 h	42	0:23:33 h	27	1:38:11 h	MAK 45	821

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Laufen	Pos L1	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L2	Gesamtzeit	Alters- klasse	Start- Nr.
41	Schubert, Meik	63		0:24:05 h	51	0:49:21 h	33	1:13:26 h	38	0:25:45 h	48	1:39:11 h	MAK 50	728
42	Sanders, Trystan	92		0:23:07 h	34	0:52:13 h	44	1:15:20 h	43	0:24:53 h	38	1:40:13 h	MAK 25	777
43	Redepenning, Stefan	70	Tri-Team Neumünster	0:23:57 h	48	0:50:24 h	37	1:14:21 h	39	0:26:40 h	51	1:41:01 h	MAK 45	767
44	Sinthofen, Nina	86	TC FIKO Rostock	0:23:58 h	49	0:53:47 h	50	1:17:45 h	48	0:23:59 h	35	1:41:44 h	W AK 30	776
45	Pauker, Martin	83		0:22:07 h	25	0:56:06 h	61	1:18:13 h	50	0:23:52 h	33	1:42:05 h	MAK 30	775
46	Bartsch, Margit	54	SG Athletico Büdelsdorf	0:23:52 h	46	0:50:41 h	38	1:14:33 h	41	0:27:33 h	58	1:42:06 h	W AK 60	801
47	Hunold, Michael	65		0:24:45 h	55	0:52:04 h	43	1:16:49 h	45	0:25:20 h	43	1:42:09 h	MAK 50	755
48	Balzer, Sven	72	Osterrönfeld	0:23:58 h	49	0:53:05 h	47	1:17:03 h	46	0:25:28 h	44	1:42:31 h	MAK 45	792
49	Reese, Matthias	66	MoLiMa-Runners	0:23:15 h	35	0:53:57 h	51	1:17:12 h	47	0:25:40 h	46	1:42:52 h	MAK 50	825
50	Stein, Jürgen	67	VfL Oldesloe	0:24:35 h	54	0:53:36 h	48	1:18:11 h	49	0:25:33 h	45	1:43:44 h	MAK 50	813
51	Deckert, Frank	86		0:23:26 h	41	0:57:23 h	65	1:20:49 h	60	0:23:22 h	26	1:44:11 h	MAK 30	745
52	Schlapper, Marcus	79	MJM	0:24:56 h	59	0:54:42 h	54	1:19:38 h	55	0:25:49 h	49	1:45:27 h	MAK 35	808
53	Fitzer, Martin	87		0:25:11 h	60	0:55:25 h	58	1:20:36 h	59	0:25:41 h	47	1:46:17 h	MAK 30	719
54	Stroth, Ole	79		0:25:36 h	63	0:50:59 h	40	1:16:35 h	44	0:29:52 h	70	1:46:27 h	MAK 35	735
55	Seiler, Tobias	78	VfL Oldesloe	0:24:50 h	57	0:54:49 h	55	1:19:39 h	56	0:27:05 h	53	1:46:44 h	MAK 35	798
56	Beckmann, Hendrik	70	TRI EMTV	0:23:32 h	42	0:55:07 h	57	1:18:39 h	51	0:28:09 h	63	1:46:48 h	MAK 45	791
57	Adolphsen, Ilja	71	TSV Silberstedt	0:24:47 h	56	0:53:57 h	51	1:18:44 h	52	0:28:27 h	66	1:47:11 h	MAK 45	784
58	de Vos, Marcel	88	Hamburg Stealers	0:26:02 h	70	0:52:52 h	46	1:18:54 h	53	0:28:20 h	64	1:47:14 h	MAK 25	723
59	Volz, Ninja	86	Triabolas/ BSG Triathlon SH-Netz	0:26:02 h	70	0:53:43 h	49	1:19:45 h	57	0:27:33 h	58	1:47:18 h	W AK 30	709
60	Lagler, Martin	69	Bundespolizeiinspektion Kiel	0:23:54 h	47	0:55:57 h	60	1:19:51 h	58	0:27:34 h	60	1:47:25 h	MAK 45	729
61	Peters, Tammo	90		0:24:51 h	58	0:54:39 h	53	1:19:30 h	54	0:28:39 h	67	1:48:09 h	MAK 25	787
62	Borner, Thomas	82	FC St. Pauli Triathlon	0:25:39 h	64	0:57:00 h	63	1:22:39 h	62	0:27:25 h	57	1:50:04 h	MAK 35	702
63	Röschmann, Nicole	77		0:24:29 h	53	0:58:42 h	74	1:23:11 h	65	0:26:57 h	52	1:50:08 h	W AK 40	756
64	Niederellmann, Esther	62	Rendsburger BC	0:27:32 h	74	0:54:56 h	56	1:22:28 h	61	0:27:46 h	61	1:50:14 h	W AK 55	830
65	Krüger, Björn	84	Eisteealarm Kiel	0:25:39 h	64	0:57:31 h	68	1:23:10 h	64	0:27:06 h	54	1:50:16 h	MAK 30	764
66	Kaack, Heike	58	SG Athletico Büdelsdorf	0:25:19 h	61	0:57:55 h	72	1:23:14 h	67	0:27:16 h	55	1:50:30 h	W AK 55	824
67	Muhs, Ole	78		0:25:35 h	62	0:57:53 h	71	1:23:28 h	70	0:27:53 h	62	1:51:21 h	MAK 35	717
68	Timm, Sönke	70	FC St Pauli Fanclub, Kanalratten Re	0:27:58 h	75	0:55:27 h	59	1:23:25 h	69	0:28:24 h	65	1:51:49 h	MAK 45	815
69	Berger, Jessica	94		0:27:07 h	73	0:56:30 h	62	1:23:37 h	73	0:28:46 h	68	1:52:23 h	W AK 20	814
70	Breidenbicher, Nina	99	VfL Alg Bokel	0:23:36 h	44	---	---	---	---	---	---	1:52:35 h	W JUN	789
70	Wiebe, Thomas	82		0:25:56 h	69	0:57:26 h	66	1:23:22 h	68	0:29:13 h	69	1:52:35 h	MAK 35	829
72	Andrejewski, Karol	84	Eisteealarm Kiel	0:25:40 h	66	0:57:29 h	67	1:23:09 h	63	0:30:12 h	72	1:53:21 h	MAK 30	765
73	Friedrich, Florian	90	Barsbütteler SV	0:24:12 h	52	0:59:22 h	76	1:23:34 h	72	0:32:05 h	75	1:55:39 h	MAK 25	751
73	Wobser, Thomas	69		0:26:18 h	72	0:57:11 h	64	1:23:29 h	71	0:32:10 h	76	1:55:39 h	MAK 45	771
75	Castellanos, Juan Carlos	70	Crossfit Sankt Pauli	0:25:42 h	68	1:04:55 h	81	1:30:37 h	78	0:27:16 h	55	1:57:53 h	MAK 45	741
76	Erdmann, Christian	86		0:25:40 h	66	0:57:31 h	68	1:23:11 h	65	0:35:23 h	80	1:58:34 h	MAK 30	773
77	Petersen, Gudrun	55	Rendsburger BC	0:28:13 h	76	1:00:32 h	77	1:28:45 h	75	0:30:09 h	71	1:58:54 h	W AK 60	831
78	Dabelstein, Manuela	71	VfL Börnsen	0:28:58 h	78	1:01:48 h	78	1:30:46 h	79	0:30:16 h	73	2:01:02 h	W AK 45	750
79	Scharnweber, Ralf	66		0:30:24 h	79	0:59:10 h	75	1:29:34 h	77	0:32:11 h	77	2:01:45 h	MAK 50	807
80	Parnow, Jürgen	65	Bredenbeker Rentiere	0:30:37 h	80	0:57:47 h	70	1:28:24 h	74	0:34:09 h	78	2:02:33 h	MAK 50	785

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Laufen	Pos L1	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L2	Gesamtzeit	Alters- klasse	Start- Nr.
81	Sievert, Stephanie	66		0:30:51 h	81	1:05:00 h	82	1:35:51 h	82	0:30:49 h	74	2:06:40 h	W AK 50	797
82	Schwarzer, Thomas	56	Schleihüpfer - Heilpädagogium an de	0:28:52 h	77	1:03:56 h	80	1:32:48 h	80	0:34:20 h	79	2:07:08 h	MAK 60	793
83	Schlapper, Matthias	76	MJM	0:30:56 h	82	0:58:34 h	73	1:29:30 h	76	0:39:23 h	82	2:08:53 h	MAK 40	810
84	Berger, Gerhard	62		0:30:59 h	83	1:02:12 h	79	1:33:11 h	81	0:38:21 h	81	2:11:32 h	MAK 55	725