

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Sänger, Fynn	99	SC Itzehoe	0:08:11 h	1	0:40:36 h	4	0:48:47 h	2	0:17:59 h	2	1:06:46 h	M JA	825
2	Hagedorn, Patrick	92	USC Kiel	0:08:21 h	2	0:39:34 h	1	0:47:55 h	1	0:19:24 h	6	1:07:19 h	MAK 20	822
3	Wichmann, Frank	75	SG Athletico Büdelsdorf	---	---	---	---	0:48:56 h	3	0:19:09 h	4	1:08:05 h	MAK 40	811
4	Schluricke, Sebastian	80	TriAs Flensburg	0:09:34 h	9	0:39:43 h	2	0:49:17 h	4	0:20:06 h	13	1:09:23 h	MAK 35	722
5	Wegener, Ronny	73	USC Kiel	---	---	---	---	0:49:45 h	5	0:20:07 h	14	1:09:52 h	MAK 40	773
6	Mierendorf, Thomas	93	USC Kiel	0:09:26 h	8	0:40:59 h	5	0:50:25 h	7	0:19:40 h	8	1:10:05 h	MAK 20	792
7	Janke, Tim	90	USC Kiel	---	---	---	---	0:50:40 h	8	0:19:33 h	7	1:10:13 h	MAK 25	750
8	Deecke, Jan	80		0:10:14 h	18	0:39:43 h	2	0:49:57 h	6	0:21:49 h	20	1:11:46 h	MAK 35	800
9	Kretz, Philip	86	Triathlon Team Hamburg	0:10:59 h	31	0:41:48 h	6	0:52:47 h	12	0:19:07 h	3	1:11:54 h	MAK 30	742
10	Krüger, Marcel	95	SC Itzehoe	0:10:25 h	21	0:42:27 h	8	0:52:52 h	13	0:19:18 h	5	1:12:10 h	MAK 20	728
11	Detlefsen, Torben	77	Borener SV	---	---	---	---	0:55:32 h	24	0:17:25 h	1	1:12:57 h	MAK 35	795
12	Surtmann, Tom	80		0:09:13 h	5	0:43:07 h	11	0:52:20 h	10	0:20:43 h	15	1:13:03 h	MAK 35	814
13	Benecke, Torben	75	TriAs Flensburg	---	---	---	---	0:51:24 h	9	0:21:54 h	22	1:13:18 h	MAK 40	762
14	Reinelt, Martin	73	Bokelholmer SV	0:09:55 h	14	0:43:21 h	12	0:53:16 h	16	0:20:58 h	17	1:14:14 h	MAK 40	794
15	Plumeyer, Tino	82	ETV-Kanu-Kiel	0:10:48 h	29	0:44:05 h	14	0:54:53 h	22	0:19:58 h	11	1:14:51 h	MAK 30	783
16	Hanke, Torsten	68	USC Kiel	0:10:50 h	30	0:41:51 h	7	0:52:41 h	11	0:22:14 h	26	1:14:55 h	MAK 45	761
17	Hardiman, Marco	71	USC Kiel	0:10:27 h	22	0:42:40 h	9	0:53:07 h	15	0:22:18 h	27	1:15:25 h	MAK 45	842
18	Thiede, Frank	71	TSV Bargteheide Tri	0:09:24 h	7	0:43:29 h	13	0:52:53 h	14	0:23:02 h	33	1:15:55 h	MAK 45	826
19	Sticken, Gunnar	74		---	---	---	---	0:53:55 h	19	0:22:02 h	24	1:15:57 h	MAK 40	839
20	Gaasch, Bernd	62	Borener SV	0:11:17 h	39	0:45:12 h	19	0:56:29 h	29	0:19:40 h	8	1:16:09 h	MAK 50	787
21	Große, Dirk	69	SG Athletico Büdelsdorf	---	---	---	---	0:55:20 h	23	0:20:59 h	18	1:16:19 h	MAK 45	774
22	Hübner, Tobias	78		0:11:06 h	33	0:45:11 h	18	0:56:17 h	26	0:20:05 h	12	1:16:22 h	MAK 35	802
23	Hölken, Helge	88		0:10:03 h	17	0:44:45 h	17	0:54:48 h	21	0:22:29 h	28	1:17:17 h	MAK 25	765
24	Cordes, Rainer	64	Friesenbiker	0:10:29 h	24	0:43:02 h	10	0:53:31 h	17	0:23:57 h	51	1:17:28 h	MAK 50	832
25	Götsch, Thomas	79	1. FC Kiel	0:13:45 h	68	0:44:28 h	16	0:58:13 h	40	0:19:49 h	10	1:18:02 h	MAK 35	770
26	Scheel, Jürgen	68	Tri Sport Lübeck	0:10:30 h	25	0:44:16 h	15	0:54:46 h	20	0:23:24 h	44	1:18:10 h	MAK 45	748
27	Mrugalla, Felix	93		0:09:05 h	3	0:47:51 h	32	0:56:56 h	30	0:21:15 h	19	1:18:11 h	MAK 20	808
28	Hahn, Stefan	79	Trias Schafflund	---	---	---	---	0:56:22 h	27	0:22:11 h	25	1:18:33 h	MAK 35	815
29	Fabig, Sigurd	61	LAV Husum	---	---	---	---	0:53:54 h	18	0:25:25 h	65	1:19:19 h	MAK 55	830
30	Schrum, Stefan	69	Bundespolizei Kiel	---	---	---	---	0:55:48 h	25	0:23:34 h	46	1:19:22 h	MAK 45	707
31	Ziriakus, Marc	74	Fri Ööwingsfloose	0:11:14 h	36	0:45:48 h	20	0:57:02 h	31	0:22:33 h	29	1:19:35 h	MAK 40	809
32	Doormann, Christoph	79	SG Athletico Büdelsdorf	0:09:10 h	4	0:47:17 h	28	0:56:27 h	28	0:23:17 h	39	1:19:44 h	MAK 35	764
33	Hartmann, Michael	76		0:09:17 h	6	0:47:49 h	31	0:57:06 h	32	0:23:22 h	41	1:20:28 h	MAK 40	735
34	Rieder, Steffen	64	Steffens Laufschmiede	0:11:29 h	43	0:47:24 h	29	0:58:53 h	45	0:21:59 h	23	1:20:52 h	MAK 50	797
35	Hubbe, Christopher	80		0:11:52 h	52	0:46:09 h	23	0:58:01 h	37	0:23:47 h	49	1:21:48 h	MAK 35	771
36	Boubakeur, Aissa	66		0:10:23 h	20	0:47:52 h	33	0:58:15 h	41	0:23:51 h	50	1:22:06 h	MAK 50	710
37	Jegust, Thomas	68	Impalas Westküste	0:11:48 h	50	0:45:52 h	21	0:57:40 h	35	0:24:28 h	55	1:22:08 h	MAK 45	821
38	Westmann, Michael	77	SG Athletico Büdelsdorf	0:09:44 h	11	0:49:24 h	40	0:59:08 h	48	0:23:02 h	33	1:22:10 h	MAK 35	769
38	Schweichel, Oliver	82	Team Simolli	0:09:46 h	12	0:49:17 h	39	0:59:03 h	47	0:23:07 h	35	1:22:10 h	MAK 30	782
40	Siedler, Mike	74	1. Flensburger Laufftreff	---	---	---	---	0:59:31 h	51	0:23:07 h	35	1:22:38 h	MAK 40	759

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41	Mrugalla, Martin	60		0:09:39 h	10	0:47:52 h	33	0:57:31 h	33	0:25:14 h	63	1:22:45 h	MAK 55	807
42	Redepenning, Stefan	70	Tri Team Neumünster	---		---		0:59:27 h	49	0:23:22 h	41	1:22:49 h	MAK 45	844
43	Möller, Clemens	67	SV Langwedel	0:11:10 h	35	0:48:20 h	36	0:59:30 h	50	0:23:22 h	41	1:22:52 h	MAK 45	747
44	Bröhan, Lars	81		0:11:15 h	37	0:46:24 h	25	0:57:39 h	34	0:25:39 h	68	1:23:18 h	MAK 35	791
45	Petersen, Thomas	67	TriAs Flensburg	0:11:00 h	32	0:47:04 h	27	0:58:04 h	38	0:25:29 h	66	1:23:33 h	MAK 45	841
46	Otten, Roman	82		0:12:57 h	60	0:48:55 h	38	1:01:52 h	60	0:21:52 h	21	1:23:44 h	MAK 30	827
47	Schukat, Rene	85	Trias Schafflund	0:11:47 h	49	0:48:52 h	37	1:00:39 h	53	0:23:19 h	40	1:23:58 h	MAK 30	805
48	Brinkmann, Siegmar	90		---		---		1:03:23 h	67	0:20:43 h	15	1:24:06 h	MAK 25	813
49	Putzer, Jörg	67	SG Athletico Büdelsdorf	0:11:22 h	41	0:46:21 h	24	0:57:43 h	36	0:26:47 h	75	1:24:30 h	MAK 45	732
50	Zagermann, Ulf	62	TRI EMTV Elmshorn	0:12:51 h	58	0:46:03 h	22	0:58:54 h	46	0:25:49 h	69	1:24:43 h	MAK 50	716
51	Schwiersch, Marco	65	SG Athletico Büdelsdorf	---		---		0:59:31 h	51	0:25:21 h	64	1:24:52 h	MAK 50	743
52	Füser, Bastian	77		0:11:17 h	39	0:49:46 h	41	1:01:03 h	55	0:24:04 h	52	1:25:07 h	MAK 35	702
53	Lankau, Tim	78	Rendsburger TSV	0:11:45 h	48	0:50:13 h	42	1:01:58 h	61	0:23:13 h	38	1:25:11 h	MAK 35	751
54	Naundorf, Jens	64	VfL Börnsen	---		---		0:58:12 h	39	0:27:10 h	77	1:25:22 h	MAK 50	749
55	Voigt, Jan	66	BSG Hanse Werk	0:13:38 h	67	0:47:24 h	29	1:01:02 h	54	0:24:22 h	54	1:25:24 h	MAK 50	720
56	Jochims, Ralf	64	SSV Süderdorf	0:10:28 h	23	0:51:18 h	49	1:01:46 h	59	0:23:42 h	48	1:25:28 h	MAK 50	708
57	Stelling, Max	59	SSV Süderdorf	0:10:41 h	27	0:51:46 h	53	1:02:27 h	64	0:23:09 h	37	1:25:36 h	MAK 55	723
58	Brammer, Jürgen	60	Borener SV	0:11:09 h	34	0:50:18 h	43	1:01:27 h	56	0:24:29 h	56	1:25:56 h	MAK 55	834
59	Blodau, Marco	74	USC Kiel	0:11:48 h	50	0:46:34 h	26	0:58:22 h	43	0:27:37 h	79	1:25:59 h	MAK 40	779
60	Zürrer, Dominik	78	TriVelos Flensburg	---		---		0:58:20 h	42	0:27:55 h	82	1:26:15 h	MAK 35	833
61	Nehlsen, Michael	66		---		---		1:04:33 h	72	0:22:35 h	30	1:27:08 h	MAK 50	760
62	Laue, Carsten	74	USC Klei	0:10:01 h	16	0:52:44 h	56	1:02:45 h	66	0:24:30 h	57	1:27:15 h	MAK 40	725
63	Sancristobal, Marco	75	Danfoss	0:10:46 h	28	0:51:34 h	50	1:02:20 h	63	0:25:12 h	61	1:27:32 h	MAK 40	757
64	Bohl, Thorsten	69	BSG HanseWerk	0:12:06 h	53	0:52:56 h	57	1:05:02 h	73	0:22:46 h	31	1:27:48 h	MAK 45	754
65	Garrelds, Erich	65	MTV Heide	0:10:39 h	26	0:48:13 h	35	0:58:52 h	44	0:28:58 h	86	1:27:50 h	MAK 50	810
66	Uphaus, Nicolas	78		0:11:16 h	38	0:50:25 h	44	1:01:41 h	58	0:26:11 h	71	1:27:52 h	MAK 35	758
67	Straub, Björn	75		0:11:30 h	44	---		---		---		1:28:08 h	MAK 40	703
68	Hornig, Thorsten	68	Westerrönfeld	0:13:31 h	66	0:50:40 h	46	1:04:11 h	71	0:24:17 h	53	1:28:28 h	MAK 45	831
69	Auer, Christian	72	SG Athletico Büdelsdorf	0:11:31 h	45	0:51:03 h	48	1:02:34 h	65	0:26:07 h	70	1:28:41 h	MAK 40	799
70	Lührig, Jan Philipp	88		0:11:40 h	47	0:51:57 h	54	1:03:37 h	68	0:25:10 h	60	1:28:47 h	MAK 25	733
71	Adolphsen, Ilja	71	TSV Silberstedt	0:12:18 h	54	0:51:44 h	52	1:04:02 h	70	0:25:29 h	66	1:29:31 h	MAK 45	776
72	Marcussen, Timo	74	BSG Hansewerk	0:13:05 h	64	0:52:10 h	55	1:05:15 h	75	0:24:44 h	58	1:29:59 h	MAK 40	741
73	Graßnick, Nils	72	Flying Kiwis Hürup	0:09:56 h	15	0:51:34 h	50	1:01:30 h	57	0:29:17 h	88	1:30:47 h	MAK 40	836
74	Löser, Frank	70		0:11:24 h	42	0:50:38 h	45	1:02:02 h	62	0:29:14 h	87	1:31:16 h	MAK 45	706
75	Westerman, Andreas	74	TSV Silberstedt	0:13:03 h	63	0:50:50 h	47	1:03:53 h	69	0:27:31 h	78	1:31:24 h	MAK 40	780
76	Schirmeyer, Dr. Stefan	64	VfL Pinneberg	0:10:17 h	19	0:54:52 h	64	1:05:09 h	74	0:26:23 h	73	1:31:32 h	MAK 50	727
77	Lemanczyk, Henning	76	Danfoss	0:13:02 h	61	0:55:00 h	65	1:08:02 h	81	0:23:36 h	47	1:31:38 h	MAK 40	846
78	Lorenz, Matthias	88	BSG HanseWerk	0:13:02 h	61	0:55:57 h	67	1:08:59 h	83	0:22:56 h	32	1:31:55 h	MAK 25	739
79	Meitzner, Nico	68	kein Verein	0:12:37 h	55	0:54:14 h	62	1:06:51 h	77	0:25:13 h	62	1:32:04 h	MAK 45	726
80	Bögh, Alexander	82	Steffens Laufschmiede	0:12:52 h	59	0:53:40 h	60	1:06:32 h	76	0:26:17 h	72	1:32:49 h	MAK 30	798

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81	Schekat, Frank	71		0:11:37 h	46	0:58:34 h	73	1:10:11 h	85	0:23:29 h	45	1:33:40 h	MAK 45	767
82	Lorenz, Christian	77	BSG HanseWerk	0:12:41 h	56	0:56:06 h	68	1:08:47 h	82	0:25:04 h	59	1:33:51 h	MAK 35	712
83	Lassen, Jens	67	USC Kiel	0:13:20 h	65	0:54:02 h	61	1:07:22 h	79	0:26:59 h	76	1:34:21 h	MAK 45	772
84	Schildhauer, Bruno	58	BSG Hansewerk	0:14:23 h	71	0:53:27 h	59	1:07:50 h	80	0:28:31 h	85	1:36:21 h	MAK 55	724
85	Meier, Fabian	86		0:14:48 h	73	0:56:30 h	69	1:11:18 h	89	0:26:23 h	73	1:37:41 h	MAK 30	777
86	Reimer, Andre	77	Triabolos Triathlon Hamburg e	0:13:57 h	70	0:53:15 h	58	1:07:12 h	78	0:31:02 h	93	1:38:14 h	MAK 35	745
87	Tiessen, Oliver	71	BSG Hanse Werk	0:13:56 h	69	0:57:57 h	71	1:11:53 h	91	0:27:47 h	81	1:39:40 h	MAK 45	719
88	Schmidt, Hermann	55	SV. St.Georg	0:15:19 h	75	0:56:39 h	70	1:11:58 h	92	0:27:55 h	82	1:39:53 h	MAK 60	785
89	Oldekop, Nils	78		0:09:49 h	13	0:59:32 h	75	1:09:21 h	84	0:30:52 h	92	1:40:13 h	MAK 35	781
90	Wiese, Daniel	56	Impalas Westküste	---		---		1:10:59 h	86	0:29:39 h	89	1:40:38 h	MAK 60	843
91	Kaven, Christian	58		0:16:33 h	78	0:54:26 h	63	1:10:59 h	86	0:30:32 h	90	1:41:31 h	MAK 55	704
92	Knipping, René	80	Knipping Kälte & Klimatechnil	0:14:28 h	72	0:59:48 h	76	1:14:16 h	94	0:27:44 h	80	1:42:00 h	MAK 35	744
93	Wobser, Thomas	69	Sparkasse Mittelholstein	0:16:12 h	77	0:55:11 h	66	1:11:23 h	90	0:31:10 h	94	1:42:33 h	MAK 45	705
94	Dutz, Sören	78	Haus an der Schlei	0:14:58 h	74	1:00:16 h	77	1:15:14 h	95	0:28:22 h	84	1:43:36 h	MAK 35	816
95	Schwarzer, Thomas	56	Haus an der Schlei	0:15:24 h	76	0:58:43 h	74	1:14:07 h	93	0:30:43 h	91	1:44:50 h	MAK 60	819
96	Berns, Frank	72	IT for Life	0:12:49 h	57	0:58:28 h	72	1:11:17 h	88	0:40:52 h	95	1:52:09 h	MAK 40	775